

What is claimed is:

1. A method of making an optical preform, the method comprising the steps of:
 - a) providing an optical preform tube;
 - b) depositing a porous, unsintered soot layer within the inner surface of said preform tube;
 - c) exposing the porous, unsintered soot layer to a flow of a metal halide in an ambient that does not include oxygen for a period of time sufficient to significantly reduce the presence of excess oxygen defects in said soot layer;
 - d) sintering the metal halide-treated soot layer in an ambient that does not include oxygen to form an amorphous glass layer; and
 - e) collapsing said sintered preform tube of step d) to form a solid core optical fiber preform.
2. The method as defined in claim 1 wherein prior to performing step b), one or more cladding layers are deposited on the inner surface of the preform tube provided in step a).
3. The method as defined in claim 2 wherein the one or more cladding layers comprise a depressed-index cladding.
4. The method as defined in claim 3 wherein in one or more fluorine-doped cladding layers are deposited.
5. The method as defined in claim 1 wherein in performing step b), the soot is deposited using a low temperature process.
6. The method as defined in claim 1 wherein in performing step b), the deposit soot comprises SiO_2 .

7. The method as defined in claim 6 wherein in performing step b), the deposited SiO_2 soot is doped with a material chosen from the group consisting of Al, Si, P, Cl, Ge, Ga, Ta, Pb, Li.

8. The method as defined in claim 5 wherein the soot deposition temperature is in the range of approximately 1400 - 1900 °C.

9. The method as defined in claim 8 wherein the soot deposition temperature is maintained at a value of approximately 1650°C.

10. The method as defined in claim 1 wherein in performing step c), the metal halide used is SiCl_4 .

11. The method as defined in claim 1 wherein in performing step c), the metal halide used is GeCl_4 .

12. The method as defined in claim 1 wherein in performing step c), the flow is maintained for a time period of at least ten minutes to at most ten hours.

13. The method as defined in claim 1 wherein in performing step c), the metal halide treatment is performed in an ambient of He and N_2 .

14. The method as defined in claim 1 wherein in performing step c), the metal halide treatment is performed in a temperature range of 800 - 1500 °C.

15. The method as defined in claim 1 wherein in performing step d), the sintering is performed in an ambient of He and/or N_2 .

16. The method as defined in claim 1 wherein in performing step d), the sintering is performed at a temperature of approximately 2200°C.

17. The method as defined in claim 1 wherein in performing step e), the collapsing occurs in an ambient of Cl₂ and/or He.

18. The method as defined in claim 1 wherein in performing step e), the collapsing occurs at a temperature of approximately 2200°C.

19. A method of making an optical preform, the method comprising the steps of:

- a) providing an optical preform tube;
- b) depositing a porous, unsintered soot layer within the inner surface of said preform tube;
- c) sintering the soot layer in an environment of SiCl₄, He and H₂ to form an amorphous glass layer; and
- d) collapsing said sintered, metal halide-treated preform tube of step c) to form a solid core optical fiber preform.

20. The method as defined in claim 19 wherein prior to performing step b), one or more cladding layers are deposited on the inner surface of the preform tube provided in step a).